



“Education & Sport” volunteering model implemented with tool kit and materials

Project: P.L.A.Y. - Peer education, Leadership, Action, Youth –promoting grassroots sport for educational success and social inclusion

Project number: 2016-2768 (579831-EPP-1-2016-2-FI-SPO-SCP)

This project is funded by the Erasmus+ programme of the European Union





Table of Contents

Background

Introduction	pag.3
---------------------	--------------

Purpose of the Study	pag.4
-----------------------------	--------------

Methodology	pag.5
--------------------	--------------

- Selection phase YAGs
- Selection period and recruitment
- Scheduling frontal lessons and Scheduling Basket Music Lessons

How to define a collaborative relationship

- Participation agreement between YAGs and MSV basket - Letter of Intent **pag.12**
- Planning and training methods for YAGs
- Definition of the musical genre and attribution of the musical piece for the type of result to be achieved
- Template Weekly Lesson between 10 YAGs
- Template Pilot Sport Lesson **pag.16**

Evaluation and Assessment within WP5 **pag.17**

- Intermediate assessment International partners **pag.18**
- Development of group activities bringing young athletes, families, teachers and Sport trainers **pag.21**
- Test Pilot developed from PLAY's partners **pag.23**
- DRPDNM : Collection of Volunteering Reports
- GEA Coop Sociale : Report of Volunteering Activities 2017-2018 **pag.27**
- FIMU : Report of Volunteering Activities 2017-2018 **pag.31**
- PERE TARRES : Report of Volunteering Activities 2017-2018 **pag.35**



Background

Project P.L.A.Y. has been developed to support children and youngsters with low school outcomes, to migrant or ethnical background, learning difficulties, low social or educational background etc., valorizing volunteering, peer education and mentoring among them. These target group is often used to support social networks and social problems through three factors: economic gap, cultural approaches, language gap.

Throughout P.L.A.Y. project activities youngsters, mentors and trainers got the possibility to meet different and different ways of trainings and learnings; exchange of different methods of learning and trainings of high importance for the intercultural dialogue since they are created on local level and spread throughout Europe. In local community we have the ability to participate in strengthening social and personal skills; project is a great way to develop cooperation among participating countries, non-profit organizations, educational institutions and grassroots sports stakeholders at European level. For this purpose, the integration between organizations and countries is key importance of networking and cooperation.

Introduction

As already explicitly explained in the background, with this toolkit we want to provide useful tools to allow civil society (School, Family, Coaches, Athletes, etc.) and stakeholders to combine application methods with the principles of Education at school and in the family through Sport.

During these two years, MSV has had the task of collecting information and creating elaborates through a targeted local activity among the project partners such as:

1) Develop a revised document on the needs requested by the WP5 of the project extract from the partners in the following way:

- recognition mapping of the type of indoor / outdoor sports facilities used by YAG's members during the January-May 2018 period;
- recognition of statistical data by the YAG's Members Group at the municipal authorities (Sport / Ass. Office) useful for improving the development of sports facilities under construction, suspended, blocked, etc.
- a collection of the most exciting moments of the YAG's activity during the January-May 2018 period realized within each Pilot held between the project partners.

2. Description of the educational model / work plan used by the Coordinators / Members YAG's Members among the participating athletes of the groups of the single partners involved, through the following indications:



- Targets
- Purpose
- Impact
- Spread

3. Description of the results obtained during informal group meetings to discuss difficulties, sharing conflicts, developing strategies, spreading team spirit, values of Sport etc. organized between:

- the parents of the young athletes involved during the Pilot;
- teachers (one representative) of young athletes to test the skills acquired during the Pilots developed and what didactic approach has led in terms of educational path School;
- Instructors / Coaches of young athletes to test the results obtained in the Pilot reproducible within their respective sports formations (Basketball, Soccer, Volleyball, etc.)

This is exactly what this Toolbox is presenting. It is testifying how many tools mixed at experience have been made and used throughout P.L.A.Y.; activities as few organizations from various countries gathered together and how many stories, activities, experiences, contents are incorporated for the existence of creating a common story. This is the evidence that interconnection between organizations and countries can make better practice for all.

The project P.L.A.Y. shows that with such connections, cooperation and networking we receive priceless experiences; this toolkit described in this document will be alive and hold many tools, results and effects for all trainers and youngsters.

Purpose of the Study

In the first quarter of 2017, at behalf of WP5 Leader, MSV staff started to analyze and implement the analysis of structural and statistical needs related to the following fields:

1. Search for indoor / outdoor sports facilities in the 3 provinces of the Puglia region: Bari / BAT / Foggia.
2. Statistical research on a territorial sample, developed by the YAGs members, in collaboration with the local CONI and the municipal offices (Sports and recreational-activity sector) to quantify the number of indoor / outdoor sports facilities that cannot be operated and therefore are unusable due to technical problems due to lack of funds, certifications, etc.

Regard to the second point, the data developed by the last data carried out by the Sports Observatory - Culture and Sport Department, at the end of 31/12/2017, confirmed there are 95 sports facilities (35 indoor and 65 outdoor). This analysis was carried out through the portal of the "Sport per Tutti" Regional Observatory in collaboration with the municipal offices (Sports Sector and recreational-



activities) representing the 10 YAGs selected by the P.L.A.Y. project; these data have been crossed through a meticulous and careful work with the following result:

- The percentage of youth population interviewed between the ages of 11 and 15 who practice sports in general is 35% of the total population in the three provinces interviewed.

MSV participated in a research study as Full partner for the **BONDS** project within the Erasmus + Sport 2016 program; in this study it was found (displayed at the following [link](#)), that in the Puglia region, the number of participants in sports within primary schools of first and second grade, is 10% lower than the national average (CONI 2017 data); national percentage shows a poor participation in less and less decrease of little sporting practice inside schools especially in the disability sector.

From the analysis needs realized, it is evident that the PLAY project is of absolute importance as it would increase the possibility of exporting new inclusive models through good practices implemented among the project partners, involving school environments and teachers in conveying good practices within the extracurricular programs or after normal class hours at school.

Methodology

Following outcomes emerged and shared from the analysis and set up phase among partners, each partner with a local Youth Active Group will put into practice tools and strategies elaborated during the previous phase and developed concrete actions to reach project aims. This is a key phase, because it will give partners and beneficiaries the chance to test if tools and strategy elaborated for the project can be effective and used into practice to enhance the positive link between volunteering, grassroots sport and positive outcomes in education.

- Selection phase YAGs

After the Padua's meeting in carried out with the partner GEA (Alice) in December 2017, guidelines were defined to start the activities planned in WP4 and WP5.

MSV's staff concentrated the range of action on the provinces of BAT / Foggia / Bari focusing on the target age range of 18 to 35; we have identified in the YAG's Skill profile of the **graduate in Sports Science** with large experience in Sport training groups of athletes from 11 to 15 years; all of them have collaborated like volunteers in Basketball Sport Club or Sport Club Outdoor.

Very important was the collaboration of the **Sport Clubs** that actively participated in the selection processes within their candidate Instructors / YAGs, collaborating with the MSV by hosting the PLAY project and the WP5 activities at the sports gyms/Sport Pavilion made available.

- Selection period and recruitment

In February 2018, MSV gathered his work team to start the selection and activation procedure of the YAGs group; having defined the role of YAG group Coordination (**PhD Felice Carano**), 10 YAGs plan selection members was initiated as agreements made at the Helsinki meeting, through a no formal selection using a questionnaire and CVs (WP5.2).

The YAG candidate's selection methodology was carried out in two phases:

- compilation of a selection form for the assessment of the cognitive and organizational skills of the YAG candidate (Fig.1) (Fig.2);
- formal meeting through cognitive dialogue and knowledge of English through generic tests.

Fig. 1



Peer Education
Leadership
Action
Youth

info@eu-playproject.org
www.eu-playproject.org
PLAYProjectEU PLAY_project_eu

QUESTIONARIO D'INGRESSO YAG'S

COGNOME _____ NOME _____

DATA DI NASCITA _____ RESIDENZA _____ CITTÀ _____

TITOLO DI STUDIO _____ OCCUPAZIONE _____

LINGUE STRANIERE CONOSCIUTE _____ LIVELLO _____

TESSERA ISTITUTORE MINIBASKET ☐ TESSERA OMA ☐ ALTRO _____

ANNI DI ESPERIENZA IN QUESTO CAMPO _____ SOCIETÀ ATTUALE _____

CATEGORIE ALLENATE IN QUESTI ANNI _____

CATEGORIE ALLENATE NELL'ANNO IN CORSO _____

QUAL È LA PRIMA COSA CHE INSEGNI AI TUOI RAGAZZI? _____

QUALI SONO I TUOI PUNTI DI FORZA IN PLAY? _____

Fig.2

QUALI I SUOI PUNTI DI DEBOLEZZA CHE VORRESTI MIGLIORARE ATTRAVERSO PLAY?

QUALI DELLE TUE CAPACITÀ, POTREMMO ESSERE UTILI ALLA REALIZZAZIONE DEL PROGETTO?

QUALI I TUOI DEFETTI POSSONO OSTACOLARE LA RILSCITA DEL PROGETTO, DA PARTE TUA?

COME PENSI IL PROGETTO POSSA AIUTARTI A MIGLIORARE IL TUO LAVORO IN PALESTRA?

HAI MAI LAVORATO IN EQUIPE? _____ PERSI DA UNA RISORSA? _____

PERCHÉ? _____

HAI MAI PARTECIPATO ALLA REALIZZAZIONE DI PROGETTI EUROPEI O SIMILI A QUESTO?

QUALI? _____

HAI MAI LAVORATO IN PALESTRA CON LA MUSICA? _____

TI PIACEREBBE FARTECIPARE AL MESE IN UNO DI FINE ANNO A PADOVA? _____

PERCHÉ? _____

IN CHE GIORNI SVOLGI IL TUO ALLENAMENTO? _____

HAI MAI USATO UNA PIATTAFORMA DI E-LEARNING PER MIGLIORARE IL TUO KNOWLEDGE?

FIRMA _____

Trasmissione: 28/12/2017

- Scheduling frontal lessons and Scheduling Basket Music Lessons

Between PM **Spartaco Grieco** and YAGs Coordinator **PhD Felice Carano**, the guidelines for the Pilot Test training program were defined through different internal sessions. In February 2018 the work plan was developed based on certain evaluative elements useful for receiving the outputs of the Pilot Edition (WP5.3):

- Weekly work plan (1 value at month like discussed at Helsinki's meeting)
- Daily Plan
- Weekly plan

The Pedagogical methodology with YAGs volunteers will developed these goals:

- Active learning
- Athletes will learn by putting themselves on the line through guided discovery.



The training period for the realization of the 1st Test Pilot lasted 3 months through the following weekly program at the Vincenziano's Venue in Trinitapoli (BT) with this calendar:

- Weekly calendars with 4(four) frontal YAGs meetings between YAGs Coordinator and YAGs participant
- + 11 Sport Pilot meetings for demonstration lessons applying Music Basket methodology (Fig. 3)

For every YAGs's Weekly Meeting it been signed the list of participants of all YAGs involved with all their respective information (Email, departure town, Kms and Reimbursement Gasoline activated) (Fig. 4)

Each participating YAG have received a financial reimbursement for the mobility activities from own home location to the place of activity defined by the MSV.

(Fig. 3)

Calendar schedule YAG's - Attività Pal... Spartaco Grieco

File Home Inserisci Layout di Formule Dati Revisione Visualizza Guida Dimmi Condividi

Incolla Carattere Allineamento Numeri Formattazione condizionale Formatta come tabella Stili cella Modifica

Appunti Stili

	A	B	C	D	E
1					
2					
3	GIORNO	ORA	YAG's Team	Palestra/Città	ETA'
4					
5	lun 22/01	19:00-20:00	DAVIDE DILEO	CERIGNOLA	AQ/ESO
6	mar 13/02	18:30-20:30	MATTIA	MARGHERITA	AQ/U14
7	sab 17/02	10:00	YAG's	TRINITAPOLI	MEETING
8	lun 19/03	19:30-20:30	UMBERTO	MANFREDONIA	ESO
9	sab 24/03	10:30	YAG's	TRINITAPOLI	MEETING
10	lun 26/03	19:00-20:30	MICHELE	TRANI	AQ/ESO
11	gio 27/03	19:30-20:30	GIUSEPPE	TRINITAPOLI	AQ
12	mer 04/04	17:30-19:00	DANILO	FOGGIA	AQ
13	lun 09/04	18:30-20:00	ELISA	ANDRIA	AQ/ESO
14	lun 16/4	18:00-19:30	ARMANDO	S.G.ROTONDO	SCO/AQ/ESO
15	gio 26/04	16:30-17:30	ROSSELLA	CANOSA	AQ/ESO
16	sab 5/5	17:30	YAG's+Final Lesson	TRINITAPOLI	MEETING+AQ+ESO+SCO+U14
17					
18					
19					
20					
21					

Foglio1

100%



Fig.4_1

Participants_list_YAGsPLAY_weekly_Dec17_May18.pdf - Adobe Acrobat Pro

File Modifica Vista Documento Commenti Moduli Strumenti Avanzate Finestra ?

Crea Combina Collabora Protezione Firma Moduli Multimedia Commento OK

Nota Modifiche testo 1 / 4 87,8% Trova

play **Fimu** **FUNDACIÓN PERE TARRÉS** **firi** **fare** **Erasmus+**

List of participants

List of participants support staff

Project title: P.L.A.Y.! Peer education, Leadership, Action, Youth –promoting grassroots sport for educational success and social inclusion

Venue: Trinitapoli (BT)

Event: 1st Weekly Technical Meeting Dates: 28.12.2017

N°	Organisation	Family name, first name	Date of arrival	Date of departure	Country of residence	E-mail address	Female (F) or male (M)	Age	Participant (P) WP-Leader (L) Expert (E) or Support Staff (S)	Reimbursement km/€(L) From Trinitapoli/return(Final Venue)	Signature
1.	FRASSATI S. GIOVANNI R.	RADEGLIA ARMANDO	28/12/2017	28/12/2017	San Giovanni Rotondo.	armandoradealia@libero.it	M	45	S	128,8 km/266,00€ 80€	<i>[Signature]</i>
2.	MSV BASKET	DI PACE MATTIA	28/12/2017	28/12/2017	Margherita	mdipace01@gmail.com	M	16	S	12,2 km/20,00€ 42 km/96,00€ 8€	<i>[Signature]</i>
3.	CANUSIUM BASKET	METTA ROSA	28/12/2017	28/12/2017	Cenosa di Puglia Italy	roxloconia@gmail.com	F	33	S	84,6 km/132,00€ 33€	<i>[Signature]</i>
4.	Basket Giuseppe Angel Manfredonia	Gramazio Umberto	28/12/2017	28/12/2017	Manfredonia	jordan_umby95@hotmail.it	M	22	S	62,2 km/108,00€ 35€	<i>[Signature]</i>
5.	Fortitudo Trani	Di Gennaro Michele	28/12/2017	28/12/2017	Trani	m.dioe89@gmail.com	M	28	S	13,6 km/20,00€ 7€	<i>[Signature]</i>
6.	ASD UDAS Cerignola	Di Leo Davide	28/12/2017	28/12/2017	Barletta		M	44	S	97,2 km/160,00€ 38€	<i>[Signature]</i>
7.	Trinitapoli Basket	Casamassima Giuseppe	28/12/2017	28/12/2017	S. Ferdinando di Puglia	giuseppe.casamassima@virgilio.it	M	23	S	52,2 km/90,00€ 32€	<i>[Signature]</i>
8.	FENICE BASKET Foggia	Lamacchia Danilo	28/12/2017	28/12/2017	Foggia	d5lamacchia@yahoo.it	M	33	S		<i>[Signature]</i>
9.	ASD Atletica Andria	Elisa Matera	17/02/2018	17/02/2018	Andria	eli.5@tiscali.it	F	34	S		<i>[Signature]</i>

S.D. MARGHERITA SPORT E VITA
Via Mascagni, 1
76016 MARGHERITA DI SAVOIA (BT)
Cod. Fisc. 90026630716
Partita IVA 07259610728

Fig. 4_2

Participants_list_VAGsPLAY_weekly_Dec17_May18.pdf - Adobe Acrobat Pro

File Modifica Vista Documento Commenti Moduli Strumenti Avanzate Finestra ?

Crea Combina Collabora Protezione Firma Moduli Multimedia Commento OK

Nota Modifiche testo 2 / 4 87,8% Trova

play Fimu **FUNDACIÓN PERE TARRÉS** **fare** **Erasmus+**

List of participants

List of participants and support staff

Project title: P.L.A.Y.! Peer education, Leadership, Action, Youth –promoting grassroots sport for educational success and social inclusion

Venue: Trinitapoli (BT)

Event: 2nd Weekly Technical Meeting Dates: 17.02.2017

N°	Organisation	Family name, first name	Date of arrival	Date of departure	Country of residence	E-mail address	Female (F) or male (M)	Age	Participant (P) WP-Leader (L) Expert (E) or Support Staff (S)	Reimbursement (km/€(L) From Trinitapoli/return(Final Venue))	Signature
1.	FRASSATI S. GIOVANNI R.	RADEGLIA ARMANDO	28/12/2017	28/12/2017	San Giovanni Rotondo.	armandoradealia@libero.it	M	45	S	128,8 km/2400€	Armando
2.	MSV BASKET	DI PACE MATTIA	28/12/2017	28/12/2017	Margherita	mdpace01@gmail.com	M	16	S	12,2 km/240€	Matteo
3.	CANUSIUM BASKET	METTA ROSA	28/12/2017	28/12/2017	Canosa di Puglia Italy	roxloconia@gmail.com	F	33	S	42 km/840€	Roxana
4.	Basket Giuseppe Angel Manfredonia	Gramazio Umberto	28/12/2017	28/12/2017	Manfredonia	jordan_umbv95@hotmail.it	M	22	S	84,6 km/1692€	Umberto
5.	Fortitudo Trani	Di Gennaro Michele	28/12/2017	28/12/2017	Trani	m.diae89@gmail.com	M	28	S	62,2 km/1244€	Michele
6.	ASD UDAS Cerignola	Di Leo Davide	28/12/2017	28/12/2017	Barietta		M	44	E	35 km/700€	Davide
7.	Trinitapoli Basket	Casamassima Giuseppe	28/12/2017	28/12/2017	S. Ferdinando di Puglia	giuseppe.casamassima@virgilio.it	M	23	S	13,6 km/272€	Giuseppe
8.	FENICE BASKET Foggia	Lamacchia Danilo	28/12/2017	28/12/2017	Foggia	dslamacchia@yahoo.it	M	33	S	97,2 km/1944€	Daniilo
9.	ASD Atletica Andria	Elisa Matera	17/02/2018	17/02/2018	Andria	eli_5@tiscali.it	F	34	S	52,2 km/1044€	Elisa

**A.S.D. MARGHERITA SPORT E V...
Via Mascagni, 1
MARGHERITA DI SAVOIA (BT)
Cod. Fisc. 90026630718
Partita IVA 07259610728**

Fig. 4_3

Participants_list_YAGsPLAY_weekly_Dec17_May18.pdf - Adobe Acrobat Pro

File Modifica Vista Documento Commenti Moduli Strumenti Avanzate Finestra ?

Crea Combina Collabora Protezione Firma Moduli Multimedia Commento OK

Nota Modifiche testo 3 / 4 87,8% Trova

PLAY **Fimu** **FUNDACIÓN PERE TARRÉS** **fare** **Erasmus+**

List of participants

List of participants and support staff

Project title: P.L.A.Y.! Peer education, Leadership, Action, Youth –promoting grassroots sport for educational success and social inclusion

Venue: Trinitapoli (BT)

Event: 3rd Weekly Technical Meeting Dates: 24.03.2018

N°	Organisation	Family name, first name	Date of arrival	Date of departure	Country of residence	E-mail address	Female (F) or male (M)	Age	Participant (P) WP-Leader (L) Expert (E) or Support Staff (S)	Reimbursement (km/€) From Trinitapoli/return (Final Venue)	Signature
1.	FRASSATI S. GIOVANNI R.	RADEGLIA ARMANDO	28/12/2017	28/12/2017	San Giovanni Rotondo.	armandoradeglia@libero.it	M	45	S	128,8 km/50€	<i>Armando</i>
2.	MSV BASKET	DI PACE MATTIA	28/12/2017	28/12/2017	Margherita	mdipace01@gmail.com	M	16	S	12,2 km/20€	<i>Matteo</i>
3.	CANUSIUM BASKET	METTA ROSA	28/12/2017	28/12/2017	Canosa di Puglia Italy	roxloconia@gmail.com	F	33	S	42,8 km/40€	<i>Rosa</i>
4.	Basket Giuseppe Angel Manfredonia	Gramazio Umberto	28/12/2017	28/12/2017	Manfredonia	jordan_umby95@hotmail.it	M	22	S	84,3 km/40€	<i>Umberto</i>
5.	Fortitudo Trani	Di Gennaro Michele	28/12/2017	28/12/2017	Trani	m.dige89@gmail.com	M	28	S	62,2 km/40€	<i>Michele</i>
6.	Trinitapoli Basket	Casamassima Giuseppe	28/12/2017	28/12/2017	S. Ferdinando di Puglia	giuseppe.casamassima@virgilio.it	M	23	S	35/40€	<i>Giuseppe</i>
7.	FENICE BASKET Foggia	Lamacchia Danilo	28/12/2017	28/12/2017	Foggia	dslamacchia@yahoo.it	M	33	S	13,6 km/20€	<i>Daniilo</i>
8.	ASD Atletica Andria	Elisa Matera	17/02/2018	17/02/2018	Andria	eli_5@tiscali.it	F	34	S	97,3 km/40€	<i>Elisa</i>

Via Mascagni 1
76016 MARGHERITA DI SAVOIA (BT)
Cod. Fisc. 90026630716
Partita IVA 07259610728

Fig. 4_4

Participants_list_YAGsPLAY_weekly_Dec17_May18.pdf - Adobe Acrobat Pro

File Modifica Vista Documento Commenti Moduli Strumenti Avanzate Finestra ?

Crea Combina Collabora Protezione Firma Moduli Multimedia Commento

Nota Modifiche testo

4 / 4 87,8% Trova

List of participants

List of participants, experts and support staff

Project title: P.L.A.Y.! Peer education, Leadership, Action, Youth –promoting grassroots sport for educational success and social inclusion

Venue: Trinitapoli (BT)

Event: 4th Weekly Technical Meeting Dates: 05.05.2018

N°	Organisation	Family name, first name	Date of arrival	Date of departure	Country of residence	E-mail address	Female (F) or male (M)	Age	Participant (P) WP-Leader (L) Expert (E) or Support Staff (S)	Reimbursement KM/€(L)	Signature
1.	FRASSATI S.GIOVANNI R.	RADEGLIA ARMANDO	28/12/2017	28/12/2017	San Giovanni Rotondo.	armandoradealia@libero.it	M	45	S	128,8 km/50€	
2.	MSV BASKET	DI PACE MATTIA	28/12/2017	28/12/2017	Margherita	mdipace01@gmail.com	M	16	S	12,2/5€	
3.	CANUSIUM BASKET	METTA ROSA	28/12/2017	28/12/2017	Canosa di Puglia Italy	roxioconia@gmail.com	F	33	S	42,8/5€	
4.	Basket Giuseppe Angel Manfredonia	Gramazio Umberto	28/12/2017	28/12/2017	Manfredonia	jordan_umby95@hotmail.it	M	22	S	84,6/3€	
5.	Fortitudo Trani	Di Gennaro Michele	28/12/2017	28/12/2017	Trani	m.dige89@gmail.com	M	28	S	62,2/5€	
6.	ASD UDAS Cerignola	Di Leo Davide	28/12/2017	28/12/2017	Barietta		M	44	E	35,8/5€	
7.	Trinitapoli Basket	Casamassima Giuseppe	28/12/2017	28/12/2017	S. Ferdinando di Puglia	giuseppe.casamassima@virgilio.it	M	23	S	13,9/4€	
8.	FENICE BASKET Foggia	Lamacchia Danilo	28/12/2017	28/12/2017	Foggia	d5iamacchia@yahoo.it	M	33	S	97,9/3€	
9.	ASD Atletica Andria	Elisa Matera	17/02/20018	17/02/20018	Andria	eli_5@tiscali.it	F	34	S	52,2/5€	

AS.D. MARGHERITA SPORT E.W.
Via Mascagni 1
MARGHERITA DI SAVOIA (BT)
Cod. Fisc. 90026830716
Partita IVA 07259610728

How to define a collaborative relationship



- Participation agreement between YAGs and MSV basket - Letter of Intent

Each selected YAG has signed a letter of intent confirming the following points:

- participation in training sessions in presence and in e-learning mode to be able to work with project beneficiaries as tutors and mentors
- preparation and implementation of didactic-sports sessions for secondary school students in collaboration with local sports associations
- provide video recordings and photographs of the groups and activities carried out
- participation in the Transnational Sport Camp which will take place in May 2018 in Rosolina (VE)
- organization of at least one local dissemination event open to citizenship - support in the dissemination and collection of questionnaires among coaches, teachers, students - dissemination



of the objectives and products of the project to their peers, social media, their own networks in order to reach as many people as possible.

 Co-funded by the Erasmus+ Programme of the European Union 

Adesione al progetto "P.L.A.Y.! - Peer education, Leadership, Action, Youth"

Il/la sottoscritto/a _____
nato/a a _____ il _____ e residente in (via, comune, CAP, provincia) _____
mail _____, telefono _____

avendo espresso interesse a partecipare come componente del Youth Active Group (YAG) del progetto "P.L.A.Y.! - Peer education, Leadership, Action, Youth – promoting grassroots sport for educational success and social inclusion" [GRANT 2016-2768 (579831-EPP-1-20161-2-FI-SPO-SCP)], di cui MSV Basket è partner, preso atto di quanto segue:

COSA OFFRE IL PROGETTO:

- opportunità di approfondire le proprie conoscenze nell'ambito dei temi legati allo sport e all'inclusione sociale, nel contesto di un progetto internazionale e nello scambio con giovani e organizzazioni sociali e sportive di diversi Paesi Europei, partecipando anche ad un evento internazionale (*Transnational Sport Camp*) che verrà organizzato in Veneto
- possibilità di partecipare ad una formazione per rafforzare competenze ed abilità di mentoring, tutoring tra pari, inclusione socio-educativa ed interculturale, abilità di imprenditorialità sociale, video making e social media
- possibilità di sperimentare quanto appreso in un percorso di tutoring con studenti delle scuole secondarie in collaborazione con associazioni sportive e scuole del territorio, con riconoscimento sociale di quanto realizzato e possibilità di rafforzare relazioni e contatti nel territorio
- certificazione Youthpass, riconosciuta a livello europeo, sulle competenze acquisite nel corso del progetto ed eventuali altre certificazioni e riconoscimenti definiti tramite accordi
- rimborso delle trasferte effettuate per le attività svolte

COSA CHIEDIAMO AI GIOVANI COINVOLTI NEL PROGETTO:

- impegno per la durata del progetto (dicembre 2017- dicembre 2019): i ragazzi garantiranno il

Planning and training methods for YAGs

The Resp. of MSV YAGs, PhD Felice Carano in collaboration with the Project Manager Spartaco Grieco after having created the meetings calendar (Basket Music Lessons / Weekly Meeting among the YAGs selected) would have defined the working methodology within the Basket Music programming in the following modality:

- 1) Analysis of dynamic video lessons of basketball through the use of music.
- 2) Attribution of psychological and neurogenerative abilities in the relationship between Instructor and athlete
- 3) Planning of sensory and motivational skills through play
- 4) Evaluation and study of the calculation of the beat per minute in a song (bpm)
- 5) Attribution of the type musical to a specific exercise with a ball / without a basketball ball

Target athletes: 11/15 years

Objectives:

- 1) Work on personal skills without the ball / with ball

- 2) Acquisition of the postural abilities of the body on the playing surface through music
- 3) Improvement of the 4 basketball fundamentals : Passing, Dribbling, Shooting and fundamental position through the use of Music
- 4) Preparation training plan attributing the musical genre to the emotional and motivational goals of the athlete / team
- 5) Export the Basket Music working methodology to the Basketball Sports Club
- 6) Leadership skills and voice calibration during lessons



The instrumentation necessary for the activity of Basket Music is as follows:

- notebook / MP3 player
- 3 preamplified directional speakers
- cables for boxes, power supply, etc.
- n. 1 wireless radio microphone
- n.1 Software for managing mp3 music tracks (no license)

- Definition of the musical genre and attribution of the musical piece for the type of result to be achieved

The choice of songs is personal depending on the musical taste of the Coach. An important element is the knowledge of the group with which you will relate, and depending on the variables expressed by the group of athletes, it is possible to define a playlist but it is advisable to understand which objectives you want to achieve in the group of athletes available.

- examples:

- 1) high impact music play list to improve the athlete's coordination skills -> Disco / HipHop
- 2) motivate the group of athletes to increase self-esteem -> Rock
- 3) improvement of space / time through the use of passage / dribble -> Pop / Raggaeton

- Template Weekly Lesson between 10 YAGs

Coach	Sport Club	Email	Training Weekly			Sport Gym Address	Kids Number participants	Time Lesson	Music		
Mattia di Pace	MSV Basket	mdipace01@gmail.com	Martedì		Giovedì	"G.Pascoli"	14 bambini 8-10 8 ragazzi dai 11-13	18.30-20.30	POP		RAGGAETON
Davide Di Leo	UDAS Cerignola	davide.dileo@hotmail.it	Lunedì			Pavoncelli via dei mille n 38	30 bambini 11/10/9 anni	19.00 - 21.00			
Elisa Matera	Atletica Andria	eli.5@tiscali.it	Lunedì			polivalente via la Specchia, Andria	15 bambini 7-10 anni 10 bambini 11-13 anni	18.30 - 20.00	PHARREL WILLIAMS-HAPPY		IMAGINE DRAGONS - BELIVER
Armando Radeglia	S.G.Rotondo	armandoradeglia@libero.it	lunedì		mercoledì	Itis Di Maggio via Poerio 146	12 bambini 7-8 anni 17 ragazzi 12-13 anni 23 bambini 9-10-11 anni	16.30-19.30	hip-hop-rock		
Di Gennaro Michele	Fortitudo Trani	m.dige89@gmail.com	Lunedì	Giovedì	Domenica	Sms Baldassarre trani	15-30 bambini 10-11 anni	18.30-20.00 mattina	Hip-hop	Pop	
Giuseppe Casamassima	ASD Trinitapoli	giuseppe.casamassima@virg	Martedì		Giovedì	Via Mandriglia 1	10 bambini	19:30/20:30	Pop	Funky	Hip hop
Rossella Metta	Canusium Basket	roxloconia@gmail.com	martedì		giovedì	giovedì,palazzetto dello sport martedì scuola Carella	10 bambini	16:30/17:30	pop	raggae	rock
Umberto Gramazio	Angel Manfredonia	jordan_umby95@hotmail.it	lunedì	Mercoledì	Venerdì	via barletta n 1	15-25 bambini 12/13 anni	19,30 - 20,30	sun is shining di axwell ingrosso		dexter di sfera
Danilo Lamacchia	ASD FENICE BASKET	d5lamacchia@yahoo.it	Martedì	Mercoledì	Venerdì	Martedì(via Ugo la Malfa)MOSCATI Venerdì scuola ZINGARELLI	20 bambini 10/12 anni	18:30/19:30	Hip-hop		Raggaeton
Falira Carano	UDAS Cerignola	faliracarano@gmail.com									

- **Template Pilot Sport**

CENTRO:		N° STUDENTI/ ETA':	DATA:
NUMERI DI SESSIONI:		RESPONSABILE:	TIPOLOGIA DI LAVORO:
OBIETTIVI			
	<ul style="list-style-type: none"> Impara a lavorare in modo cooperativo attraverso il basket. Rispetta i tuoi colleghi e i monitor. 		
CONTENUTI			
	<ul style="list-style-type: none"> Passaggi Tiro a Canestro Lavoro di squadra. 		
METODOLOGIA			
	<ul style="list-style-type: none"> Svolgeremo diverse attività in cui il lavoro di squadra è lo schema che guida le attività. 		
SPAZIO DI GIOCO			
	<ul style="list-style-type: none"> Campo da basket all'aperto presso la scuola Rubio l Ors. 		
MATERIALE DI GIOCO			
	<ul style="list-style-type: none"> Palloncini, coni, etc. 		
RISCALDAMENTO			
TEMPO: 15 min.	<ul style="list-style-type: none"> L'attività verrà svolta utilizzando un campo da basket mezzo. Tutti i giocatori (che indosseranno una casacca) devono passare la palla (senza muoversi quando sono in possesso della palla) fino a che non possono toccare la palla (senza lanciairla) al giocatore senza tasca. Deve cercare di scappare finché non viene "preso". Una volta raccolti i ruoli saranno scambiati, il giocatore scelto dovrà avere la palla e il giocatore che l'ha catturato deve scappare. 		
PARTE PRINCIPALE – LAVORARE SUGLI OBIETTIVI E SUI VALORI PROPOSTI			
TEMPO: 20 min	<ul style="list-style-type: none"> a coppie (i membri di esso devono essere separati da tre metri) saranno collocati nella linea inferiore del loro campo. Ogni coppia andrà al cesto opposto passando la palla, senza lanciare o camminare con la palla tra le mani e finalizzare il gioco per mezzo di un ingresso o un tiro al cesto. Quando l'intero gruppo è finito, l'esercizio sarà ripetuto al cesto opposto. In collaborazione, devono fare 10 canestri per completare l'esercizio. 		
TEMPO: 20 min	<ul style="list-style-type: none"> Dalla meta campo si dovrà andare con la palla per raggiungere il canestro e ritornare a zig zag. 		
TEMPO: 20 min	<ul style="list-style-type: none"> Effettueremo una partita 3x3, utilizzando l'intero campo da basket, in modo che tutti i componenti della squadra debbano toccare la palla prima di lanciare il canestro. Se tutti i componenti della squadra non hanno toccato la palla, i punti non verranno contati. 		
PARTE FINALE			
Tempo: 15 min	Diversi tratti statici in cui i muscoli più coinvolti verranno allenati durante la pratica del basket: deltoidi, tricipiti, quadricipiti, muscoli posteriori della coscia e gemelli.		
OSSERVAZIONI E RIFLESSIONI:			
Per finire la sessione faremo una riflessione di gruppo con l'intero gruppo / classe sull'importanza del lavoro di squadra e del loro uso nel basket e durante la loro vita quotidiana.			



Evaluation and Assessment within WP5

At begin of the PLAY Project there weren't relevant analysis at national level that enable partners to find out and compare the role of grassroots sport organization in supporting schools and educational system in reducing and contrasting schools dropout and failure in integration, even if this problem is extremely relevant and present in all Member States. An exchange of data and analysis, on the one hand, and of good practices developed in partner countries, on the other hand, it been coordinated by an University highly qualified on social education (Pere Tarres) is thus essential to reach the project's goal and assess if volunteering in grassroots sport can contribute to tackle school failure effectively.

Cooperation between partner Member States, with different situation in education and early school leaving , is giving the great opportunity to bring together States with the highest rates of school failures (Italy and Spain) and countries that have showed relevant improvement and strategies to tackle this European problem (Finland and Slovenia), allowing an analysis and exchange of practices and expertise that can actively contribute to improve each partners country commitment on this topic.

A European dimension is fundamental to gain greater effectiveness and potential complementarities among partner organizations and partner countries, since there is no national example of assessed model in the project's topic and project consortium can gain an undeniable added value from a transnational comparison.

The following activities developed by all member partners have been followed up to now, through the classification of the following surveys:

- ongoing and final surveys and activities and final focus groups evaluation at local level
- mid-term assessment and final evaluation and assessment among European partners

The tools used so far have been created through the Google Form application, with which important benchmarks and analytical data have been reproduced in relation to the activities carried out in WP5. Each partner participated through the respective YAGs group in:

Initial Evaluation

- **INITIAL ASSESTMENT - YOUTH ACTIVE GROUPS**
- **FIRST PERIOD EVALUATION OF THE WEEKLY SESSIONS**
- **INITIAL ASSESTMENT - INTERNATIONAL PARTNERS**
- **INITIAL ASSESSMENT - LOCAL PARTNERS**

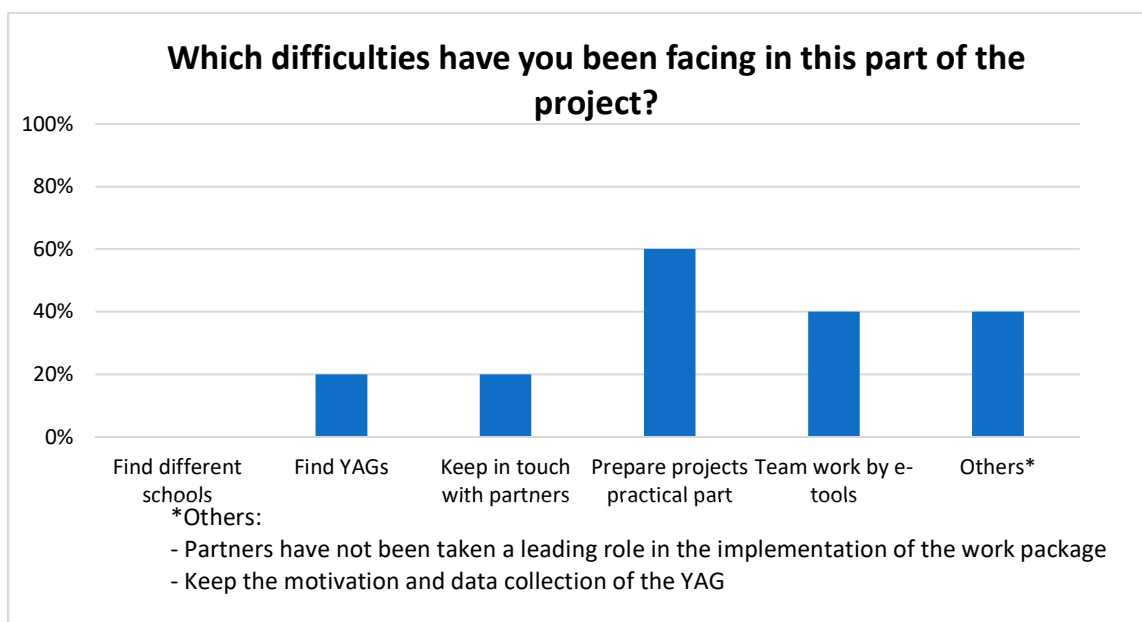
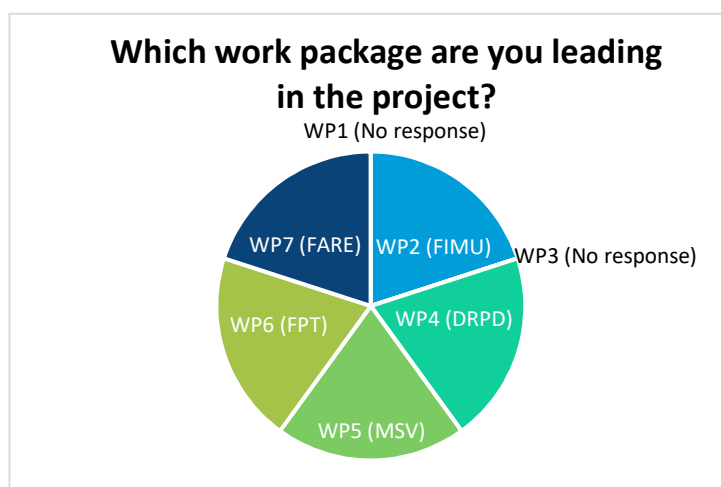
Intermediate Evaluation

- **INTERMEDIATE ASSESTMENT – Youth Active Groups**
- **INTERMEDIATE ASSESTMENT - International partners**
- **INTERMEDIATE ASSESTMENT - Local partners**
- **SPORTS EVENTS evaluation**
- **PADUA evaluation (partners, YAGs, participants, etc)**

Intermediate assessment International partners

Which work package are you leading in the project?	
Work Package (WP)	Answers
WP1 (No response)	0
WP2 (FIMU)	1
WP3 (No response)	0
WP4 (DRPD)	1
WP5 (MSV)	1
WP6 (FPT)	1
WP7 (FARE)	1

Which difficulties have you been facing in this part of the project?		
Options	Answers	Percentage
Find different schools	0	0%
Find YAGs	1	20%
Keep in touch with partners	1	20%
Prepare projects practical part	3	60%
Team work by e-tools	2	40%
Others*	2	40%

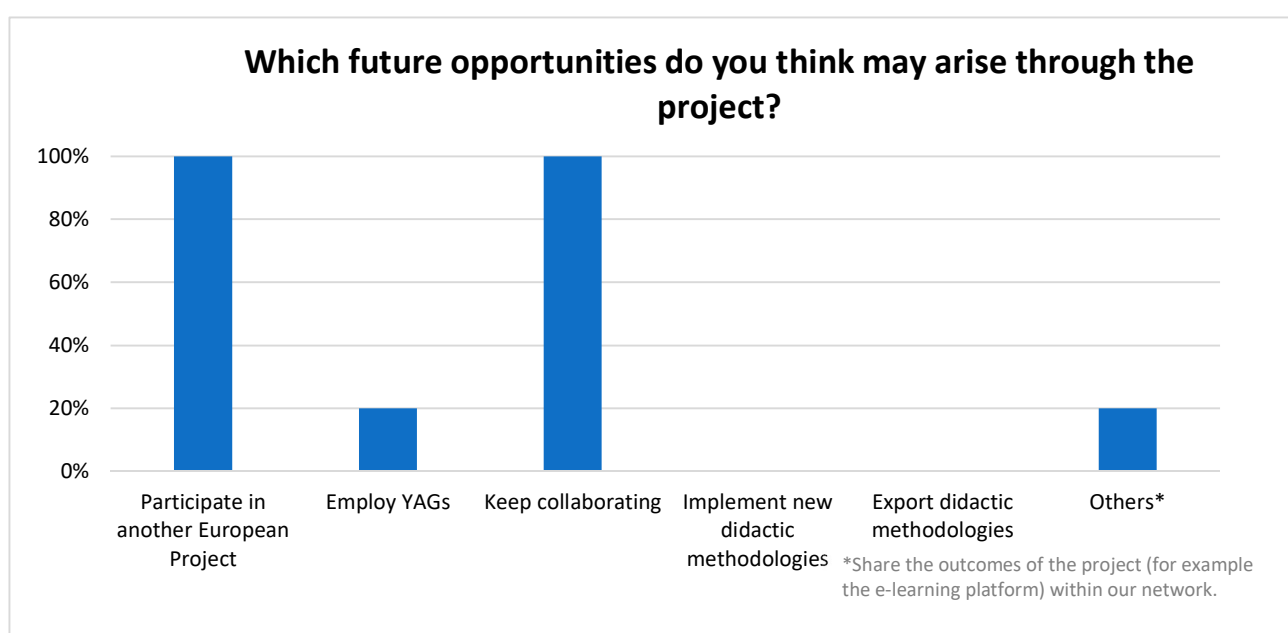


Describe your initial expectations of the project	
Country	Answer
Spain	We expect to test the sport inclusion methodology and learn from other partners different tools and methodologies!
Slovenia	Getting in touch with active local YAG, helping kids to developed different skills, encourage them, developed voluntary work, that's also connected with sport etc.
ITALY	To affirm the positive result of Music through the multidisciplinary Sport with the concrete opportunity to increase teacher training through the results of the Pilots developed
Finland	FIMU was interested in creating international contacts for itself and its member organisations. FIMU was interested in methodological innovations and supporting the social inclusion of children and youth with immigrant background.
United Kingdom	Contributing to new educational tools/ curriculum to promote social inclusion by promoting the project within our network and among our members.

Which challenges do you think are you going to face during the project realization?		
Options	Answers	Percentage
Coordinate with European Entities	2	40%
Keep in touch with partners	3	60%
Organize and manage meetings	1	20%
Develop meaningful knowledge	4	80%
Identify good praxis	2	40%
Society inclusion of social exclusion risk group	3	60%
Society inclusion of special needs group	2	40%
Others*	2	40%

Which are the main benefits that Play Sports Project could provide to your organisation?		
Options	Answers	Percentage
Social recognition	0	0%
Participate in a European Project	4	80%
Create new contacts between partners	4	80%
Improve social relationships	2	40%
Provide social work service	4	80%
Train future organization workers	2	40%
Help with YAGs job searching	2	40%
Reduce youth unemployment	0	0%
Others*	1	20%

Which future opportunities do you think may arise through the project?		
Options	Answers	Percentage
Participate in another European Project	5	100%
Employ YAGs	1	20%
Keep collaborating	5	100%
Implement new didactic methodologies	0	0%
Export didactic methodologies	0	0%
Others*	1	20%



- Development of group activities bringing young athletes, families, teachers and Sport trainers

Within the WP5 they were development of group informal meetings bringing young athletes' families, teachers, grassroots sport trainers/coaches together, guided by a facilitator (tutor, counsellor...) to discuss difficulties, share conflicts contrast strategies, spreading team spirit, healthy living and sport values to ensure a shared knowledge and support of what their children learn and do within grassroots sport organizations, here some experience realized during these 2 years :

- Month of Nutrition Screening and the best life styles in Sport

MSV staff have organized an event called "Month of Nutritional Screening and practices on the best lifestyles" within own Sports venue a path started 5 years ago renewed every year, with the participation of families, the athletes of the MSV Basketball and with an expert nutritionist.

Through a nutrition survey conducted in collaboration with Dr. Annamaria Paluscio (Expert Nutritionist Food Staff MSV Basket) the parents of our athletes have collaborated describing the eating habits used during the various times of the day. This method allowed to know how to improve nutritional processes in children aged 5 to 11, monitoring the habits and improvements obtained in previous years in terms of growth and correct food requirements. In the PLAY project, the practice of Sport improves food requirements by educating the correct food lifestyles within the family.

An important occasion for discussing and presenting some results obtained within the PLAY project in the presence of 2 evaluators of the Erasmus + Sport 2018 program, 100 participants among Public Administration executives, Sports Federations, Sport Clubs and non-profit organizations.



- **Opportunities in the field of European Funds through good practices in Sport as a tool for social inclusion**

MSV representing its Project Manager Spartaco Grieco coordinated the 1st International Workshop on European Sports Policies: Strategies and Opportunities held in Trani on 28/11/2018. An important occasion for discussing and presenting the opportunities on European funds in particular within the Erasmus + Sport programs with some results obtained in the PLAY project at the presence of 2 evaluators of the Erasmus + Sport 2018 program, 100 participants among Public Administration executives, Sports Federations, Sport Club and non-profit organizations and over 35,000 visitors to live streaming organized for the event. The comparison and discussion among the participants allowed to show the excellent results obtained to date in the PLAY project in anticipation of the upcoming events in London 2019 and Barcelona 2019.




LE POLITICHE DELLO SPORT EUROPEE: STRATEGIE E OPPORTUNITA'

TRANI, 28 NOVEMBRE 2018

inizio lavori ore 9:30
Saluto Istituzionale del Sindaco: Amedeo Bottaro

Interverranno:

SPARTACO GRIECO Project manager Erasmus plus

BRUNO AVELAR ROSA Project manager esperto valutatore commissione EU

JUAN MANUEL MURUA Esperto valutatore settore rendicontazione finanziaria

incontri BEtoBE dalle ore 15:30
accesso su prenotazione amministrazione@palazzodellearti.beltrani.it - tel. 0883.500044

PALAZZO DELLE ARTI BELTRANI
Via Beltrani, 51 - TRANI

- Test Pilot developed from PLAY's partners

During the WP5 activities session, the project partners developed the Test Pilot methodology according to their territory and the selected YAGs group, here DRPDNM (Slovenia):

DRPDNM

COLLECTIONG OF VOLUNTEERING REPORTS

At the beginning of the year, in the middle of February we called our permanent volunteers who are already volunteering at other Erasmus+ projects and invite them if they wish to work with children through sport. We introduced them the P.L.A.Y. project, its topic, purpose and the goals. Most of them really liked the idea of working with excluded children and they thought that sport is a great tool to engage children into local society but also that through fun which is part of the sport the diversity between locals and children migrants (who are the main group of excluded people for now) is a great way.

We have been looking for youngsters who are already part of a particular work with children, or are students of relevant education, or even those who already voluntary train at the particular sports club. We contacted local football club, woman volleyball club and other sports club nearby. Slovenia is very sportive nation, as it is also seen from various successes that we gain around the world, from basketball players and skiing to other sport disciplines. That is maybe the reason why so many youngsters have responded to our invitation for the work with children though sport.



However, it was not easy at the beginning. As we trained them we realized that not every young person is open to new ideas and ways of training that we provided this is also why some of them decided to not be part of the YAG team anymore. While on the other hand some of the YAGs left for some other personal reasons. Anyways, we recruited other youngsters who were willing to participate in such training.

We recruited all YAGs by presenting them the PLAY project and its meaning, as I said already and tell them a bit about the training they will need to take and the way they will need to work with youngsters. Afterwards, we gave them the volunteering contract to be signed.



YAGs met every two months starting with April 2018. This means, they met also in June, August, October and December 2018. The meetings we discussed about the difficulties they have and how they already dealt with it. Moreover, DRPD's trainers Mirjam and Vanesa visited some of their trainings as well to see how they are carrying out the trainings with children.



On 20th November 2018 we prepared the local workshop event in Gymnasium of Novo mesto, Slovenia to disseminate P.L.A.Y! project. During this month we started with the team of YAGs with 7 active volunteers, 60 kids, 5 sports clubs/associations (GYM Novo mesto, Women's volleyball club novo mesto, Association Arabeska, Sport Association Ultra and Skiing association with local department in Novo mesto, led by Aleš Eržen – also our volunteer) and 13 different sports related activities. However, we have reached even more kids and youngsters and also new partners and local institutions/sport associations. The YAGs team coordinator became Snježana Blagojević with the help of Davor Kroflin and other volunteers.

We have also organized some workshops where also other participants from local community take part of as well. And 3 days sports camp for all the YAGs in order to train them, get into touch with them easier and to discuss about further work with them. From 8th to 10th June 2018 and we held the local sports camp at river Kolpa. The implementors of activities were our volunteers, YAGs and employees of DRPD NM (Vanesa Dželadini, Andreja Luštek, Andreja Rodič, Snježana Blagojević, Adnan Mujadžić, Tarik Avdibašić, Jana Zajc, Andreja K. K., Mojca V., Kristina, Nejc, Mojca R., Marica, Davor). And participants were children and youngsters (10-17 years old), families (mainly fathers and mothers), coaches and teachers. We organized the camp as an informal meeting, bringing together young athletes's families, teachers, grassroots sport trainers/coaches and was guided by a few facilitators from DRPD NM to discuss difficulties, share conflicts contrast strategies, spreading team spirit, healthy living and sport values to ensure a shared knowledge and support of what their children learn and do within grassroots sport organizations. The camp was composed of sports activities, games and seminars/discussions on healthy living and sports values, parents, teachers and coaches sharing some difficulties they encounter with children and youngsters, but they mainly shared the positive sides P.L.A.Y.'s workshops bring to kids and youngsters (better school progress, better concentration, greater inclusion in society, getting more friends, having positive behaviour, spending their free-time in a positive environment, feel empowered, having fun etc.).



We also organized parents meeting as it is seen on the right picture. During this meeting we have also made further evaluation at local level about our activities. Therefore, we organized a local meeting between parents, YAGs, and a few coaches and teachers, who are the main stake-holders in our part of the P.L.A.Y. project. We have provided the possibility for parents to meet and talk to YAGs which proved to be a very positive experience for them. They said, they feel very happy about their kids taking part in the P.L.A.Y. project and its activities. Their children's school performance has improved, they feel much more empowered and included in the society, they also got many friends. Their kids now have a quality free-time spending and are very positive in their behaviour. There was also a big discussion and many thanks going on between parents, coaches and teachers. We have organized the event in the near swimming pool area, where children and youngsters could swim and have fun, and we had a meeting with parents in the near conference room. After the meeting we all gathered at the swimming pool area and have further fun with our youngsters, including many sports activities.



These same YAGs were doing sessions with the children at our organization's day center and also at the local partners' place. They participated at local partners' sessions as well, they helped their trainers and engaged in the training of local partners, as they introduced the concept of training YAGs have been taught and asked to use. Since beginning of the project we promoted P.L.A.Y! among young volunteers in our organisation and different local partners (sport associations, clubs, schools etc.) to find the ones interested in participating in YAG's pilot action. We have also made various presentations and meetings of volunteerism in sport in many local associations, schools and institutes.

Branka Bukovec

President

Društvo za razvijanje prostovoljnega dela Novo mesto (DRPDNM)

WP5 NARRATIVE REPORT GEA Coop Sociale

- *list and in chronological order all the volunteering activities (Date, event, number of participants and local partners)*

Date	N. of Hours	YAGs	Topic	Trainer	Local Partners
06/03/2018	1	Michele Hilary Vanessa Stefania	conoscenza partecipanti, intro al progetto e definizione calendario	Alice Bruni Marco Siciliani	AttivaMente Onlus
15-mar	1	Michele Hilary Vanessa Stefania	conoscenza approfondita del gruppo: patto formativo	Marco Siciliani	AttivaMente Onlus
	1	Michele Hilary Vanessa Stefania Ilaria	elementi di coaching: consapevolezza di sé		AttivaMente Onlus
22-mar	2	Michele Hilary Vanessa Stefania Sara	comunicazione ed empatia verso gli altri: tecniche e strumenti di comunicazione	Marco Siciliani	AttivaMente Onlus
29-mar	2	Michele Hilary Vanessa Stefania Ilaria	lavoro in team: gestione del gruppo e problem solving	Marco Siciliani	AttivaMente Onlus
05-apr	2	Michele Hilary Vanessa Stefania Ilaria	organizzazione eventi	Silvia Casson	AttivaMente Onlus
12-apr	2	Michele Hilary Vanessa	strumenti di base per la progettazione sociale	Alice Bruni	
19-apr	2	Michele Hilary Vanessa Stefania Ilaria Sara	comunicazione con le istituzioni	Claudio Piron	

26-apr	2	Michele Hilary Stefania Ilaria Sara	Intercultura: attività con minori stranieri e famiglie	Marco Baldini	
03-mag	2	Michele Hilary Stefania Francesca	Organizzazione eventi: SanPre Fest e Camp Rosolina	Silvia Casson	AttivaMente Onlus
10-mag	2	Michele Hilary Stefania Francesca	Organizzazione eventi: SanPre Fest e Camp Rosolina	Silvia Casson	AttivaMente Onlus
17-mag	2	Michele Hilary Stefania Francesca	Organizzazione eventi: SanPre Fest e Camp Rosolina	Alice Bruni Silvia Casson	AttivaMente Onlus
18-mag	6	Michele Hilary Francesca	San Precario Fest - public event of sport and inclusion – ca. 500 partecipanti (cittadini, minori, atleti, rifugiati e richiedenti asilo, club sportivi locali)		.Polisportiva San Precario .Padova Municipality .Criminal Bullets Roller Derby Team .Other local sport cubs and social organizations
19-mag	6	Michele Hilary Francesca Sara	San Precario Fest - public event of sport and inclusion – ca. 500 partecipanti (cittadini, minori, atleti, rifugiati e richiedenti asilo, club sportivi locali)		Polisportiva San Precario .Padova Municipality .Criminal Bullets Roller Derby Team .Other local sport cubs and social organizations
24-mag	2	Michele Hilary	Organizzazione eventi: Camp Rosolina	Alice Bruni Silvia Casson	AttivaMente Onlus

PLAY SPORT CAMP

Date	N. of Hours	YAGs	Topic	N. of participants	Local Partners
30-mag	8	Stefania	prima giornata Sport Camp Villaggio Tizé (Rosolina Mare) – conoscenza del territorio e	43	AttivaMente Municipality of Rosolina Mare

			tema building con attività outdoor		
31-mag	8	Michele Hilary Stefania Francesca	prima giornata Sport Camp Villaggio Tizé (Rosolina Mare) - workshops su sport ed inclusione sociale ed eventi sportivi	59	Veneto Region ASSIST – Associazione Nazionale Atleti Raduni Sportivi srl Municipality of Rosolina Mare Confindustria sport Rovigo Asd San Vigilio Adria Rosolina Calcio Adria Sport

- *names and contact numbers of YAGS, also did any of YAG's themselves come from at risk of exclusion backgrounds (migrants, minorities, disabilities)*

List of all YAGs involved in different times, with different commitment, in different activities in 2018

NAME	EMAIL	PHONE NUMBER	BACKGROUND
Michele Pedrotti	michelepedrotti@gmail.com	3473003450	Basket coach with migrants and refugees
Hilary De Luca	Hilary.deluca88@gmail.com	3400906158	Works in a gym, volunteer for San Precario communication
Vanessa Frison	vssfrs@gmail.com	3482298626	Student – Social theatre
Stefania Pastore	Stefy.past@gmail.com	3495372440	Social Assistant
Ilaria Faccin	Ilariafaccin97@gmail.com	3485762161	Rural / disadvantaged area
Sara Toffoletto	Sara.toffygarcia@gmail.com	349189043	Roller derby player



Francesca Masserdotti	fra_masser@yahoo.it	3895153299	Psychologist and volunteer for San Precario –she just helped with events and some meeting (did not sign the YAG agreement cause of impossibility to commit to all tasks)
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- ***was the camp meant to be an event the YAG's organized with children?***

Originally it was, but to match the period feasible for YAGs and location, since it was not possible to ensure the participation of schools due to busy period (May is almost end of the school year) and difficulties in having the school heads on board (despite interest and participation of teachers), we decide to focus the Camp on YAGs, as an opportunity for them to meet among each other, show what they had been doing during the first pilot 2018, get some more information about sport and education.

- ***was there a workshop for targeting the educational actors/partners as well?***

During the second day of the Camp (morning session) we had the chance to listen and discuss some issues and experiences from policy makers (Veneto Region, Municipality of Rosolina Mare), national no profit sport organizations (ASSIST) and profit companies that organize sport events (Raduni Sportivi srl) around PLAY project issues (equality and inclusion, organization of sport events, values in sport and education).

Each participants received a PLAY USB key with a collection of most relevant EU guidelines and official documents about sport and education, sport and volunteering, sport and social inclusion, besides documents and materials of PLAY project and Erasmus+ Sport programme.

A specific workshop targeting education in grassroots sport will be organized in May 2019 in collaboration with Polisportiva San Precario.

PLAY Peer education, Leadership, Action, Youth - promoting grassroots sport for educational success and social inclusion (2017-2019)

REPORT OF VOLUNTEERING ACTIVITIES 2017-2018, FIMU

Recruiting of the local partners and volunteers

FIMU started contacting local partners to form YAG groups by organizing a workshop in June 16th 2017, where the project and its working methods were presented. During the autumn continued meetings and negotiations with its member and co-operating associations. In the beginning of December 2017 FIMU opened a call for volunteers to join the project. By January 2018 FIMU had agreed on starting volunteering activities with 3 of its member associations (KOHMU ry, O9HHR and Sahan-seura ry) and 1 co-operating association WAU ry. The info meeting for volunteers was organized on February 1st and FIMU had secured 14 young volunteers for the first pilot.

The training given to volunteers

The training for the volunteers was planned between November 2017 and January 2018 with experts from Kisakeskus Sport Institute, University of Jyväskylä, Faculty of Sport and Health Sciences and O9HHR, an organisation working with inclusion. The tools given by FIMU to the volunteers to become sports tutors who further inclusion and educational skills comprised 1) a model for using physical activity as a vehicle to teach children values and various life skills called TPSR and 2) skills in tutoring multicultural groups.



"Teaching Personal and Social Responsibility, TPSR" is a empowerment-based pedagogical approach, where Physical activity is used as a vehicle to teach students various life skills that they can practice in the gym and transfer to other settings such as school, community, and home life. Life skills are skills that

enable individuals to succeed in the different environments in which they live, such as school, home and in their neighborhoods with their peer groups, such as respect, goal-setting, time-management, stress/pressure management, self-regulation, communication, peaceful problem solving, effort (work ethic), cooperation, leadership and motivation. The aim of the TPSR model is to help students develop themselves as people, learning to be responsible for the ways they conduct themselves and treat other people. Teaching strategies used in the TPSR model favor the development of self-efficacy i.e. self-competence. These include the using of modeling with peers, setting expectations, giving power and voice to pupils, giving feedback on their performance, encouraging autonomy and strengthening effort.

The TPSR training comprised 20 hours of tuition divided in 7 meetings (23.2., 24.2, 9.3., 10.3. 24.3., 25.3., 6.4.) including both theory and practise. The volunteers were given a model session acting themselves as participants, and were required to then to draw up a session in pairs and hold a session to children while the expert tutor gave feed back to them. Hanna-Maria Toivonen, the expert in TPSR model from Jyväskylä had designed a [website for teaching the model](#) to help the volunteers use the model in planning their sport sessions with the children and the young.





The volunteers also received 8 hours of training in intercultural communication and tutoring multicultural groups (16.5. and 8.9.) and media training in documenting the sport sessions on videos and editing them. (8.3. and 5.5.).

Sport sessions

Trained volunteers tested their newly acquired skills on training sessions in sport clubs of FIMU's local partners (KOHMU ry, Sahan-seura, O9HHR and WAU ry during the spring 2018 and continued their work as instructors during the autumn. In using the model the volunteers were expected to model respectful behavior and foster social interaction among the children. Giving voice and power to the children meant that the instructor assigned them small tasks in managing and organizing the lesson and engaged them in making decisions and self-and peer assessment. The children were also given the opportunity to take part in instructing a specific game or drill. In every lesson the transfer of the practiced life skills was addressed, i.e. it was discussed where else they need to use those skills.



The volunteers also met in two YAG meetings with the expert of the method (16.9. and 5.11.) where the parts of the method were rehearsed and discussed and the young could exchange their experiences.

List of FIMU's volunteers for the first pilot:

	Name	Local partner	Contact	Email
1	Ali Musse	Sahan-seura ry	045-1623632	alimusse@hotmail.com
2	Abdi Hashi	Sahan-seura ry	040-9394148	abdiwahaab194@gmail.com
3	Keyse Maalesh	Sahan-seura ry	046-9469365	keysemaalesh2@gmail.com
4	Hassan Ibrahim	Sahan-seura ry	046-9641503	hassanfinibrahim@gmail.com

List of participants

List of participants, experts and support staff

Project title: P.L.A.Y.: Peer education, Leadership, Action, Youth –promoting grassroots sport for educational success and social inclusion										
Venue: Mänti Paskoluhalli										
Event: Volunteer training										
Dates: 23.4-2.2019										
N°	Organisation	Family name, first name	Date of arrival	Date of departure	Country of residence	E-mail address	Female (F) or male (M)	Age (15-19, 20-29, 30-49, 50-59, 60+)	Participant (P) or Expert (E) or Support Staff (S)	Signature
1.	Sotajoe	HASAN Ibrahim				hassanfinibrahim@gmail.com	M		P	
2.		Ahmed Sundus			Suomi	Sundus@ohhrr.fi	F	20-30	P	Amr Ahmed
3.	Kohmu Ry	Joni Järvenmäki			Suomi	joni.jarvenmaki@gmail.com	M	17-19	P	
4.	Kohmu Ry	Mukhar Ali			Suomi	mukhar.ali@gmail.com	M	15-17	P	
5.	Kohmu Ry	Mubarak Ali			Suomi	Mubarak.ali@gmail.com	M	15-17	P	
6.	O9HHR	Abdi Hashi			Suomi	abdi.hashi@ohhrr.fi	M	20-30	P	Amr Ahmed
7.	O9HHR	Timo Salminen			Suomi	timo.salminen@ohhrr.fi	F	15-17	P	Timo Salminen
8.	O9HHR	DAM EEREN			Suomi	dameren@ohhrr.fi	M	20-30	P	
9.	Fimu/Kohmu	DAVID MOHAMMED			Suomi	dauid.mohammed@gmail.com	M	50-60	S	David Mohammed
10.	O9HHR	Mishel Lodeh			IL	mishel.lodeh@gmail.com	M	30-40	L	Mishel Lodeh

5	Nuur Hasi Farsu	Sahan-seura ry	046-5537318	nuur456@hotmail.com
6	Jan Eeken	09HHR ry	045-1844445	janeeken@hotmail.com
7	Hossein Atayi	09HHR ry	045-2087796	atayi.hossein@live.com
8	Tiina Sallinen	09HHR ry	044-3600689	tiina.t.sallinen@gmail.com
9	Tara Heidari	09HHR ry	044-2397332	tara.suomi@hotmail.fi
10	Mubarak Ali	KOHMU ry	045-215332	mubarak02d@gmail.com
11	Mukhtar Ali	KOHMU ry	045-215331	mukhtarali02a@gmail.com
12	Yonis Muhamed	KOHMU ry	040-1478850	yonis.daud@gmail.com
13	Sundus Ahmed	-	045-1082552	sundusd@hotmail.com
14	Deniz Calizkan	WAU ry	045-2355352	denizcaliskan5@gmail.com

International sport camp at Padova

Six of FIMU's volunteers, PM, the tutor and the trainer of the volunteers participated on an international sports camp in Padova organised in the project 29.5.-1.6. The first day was dedicated for getting to know each other and grouping practices. The following day was marked by a conference open to the public, where experts, decision-makers and representatives from sports organisations heard from ASSIST Associazione Nazionale Atleti on the role of sport for gender equality, and learned about the Veneto Region policies and plans on sport, education and inclusion. Then the partners and YAGs presented and held demonstrations on the methodology used in their training sessions, while sharing the experiences on the challenges and outcomes of their work with the beneficiaries.



The volunteers were interviewed of their experiences in project during the autumn of 2018. Some of them were interviewed also a project workshop on November 6th when the method of the project, the volunteering activities and EU guidelines on sport policies and social inclusion were presented to representatives of sport associations, NGO's and education.









Kiinnostaako nuorten osallistaminen vapaaehtoistoimintaan?

PLAY! – vastuuntuntoa ja osallisuutta liikunnan avulla

Kulttuurikeskus Caisa 6.11.2018
klo 13-16

Play-hankkeessa vapaaehtoiset nuoret ohjaavat liikuntakerhoja opettaen samalla vastuullisuutta ja elämäntaitoja.

Tule tutustumaan nuorten kokemuksiin ja hankkeen metodiin!






#punainenkorttirasismille

#liikuntakuuluukaikille



REPORT OF VOLUNTEERING ACTIVITIES 2017-2018, PERE TARRÉS

SUMMARY OF THE FIRST PILOT TEST IN CATALONIA.

1. How was the YAG's selection process?

Firstly, it should be highlighted that the vast majority of volunteers participating in the project were doing work placements for their degree, vocational training or other training studies.

Regarding the selection process, the Human Resources department of the Fundació Pere Tarrés published offers to volunteer for this project. Also, thanks to the pedagogical coordinator of the project we were able to bring onboard several leisure activities instructors and directors.

Once those interested in participating in the project had been identified, personal interviews were conducted with each of these persons to check their personality, their level of knowledge in the field of sports, their level of motivation and commitment with the project and their desire to continue training and gain professional experience.

During the interviews, participants were:

- Welcomed and explained the PlaySports project and the Fundació Pere Tarrés
- Asked to introduce themselves.
- Asked questions to know their level of knowledge in the field of sports (experience practicing sport, parts in sports events...).
- Given a proposal on a practical case relating to sports and facilitating sports events.
- Asked if they had any doubts, and these were clarified.
- Bid farewell.

At a later stage, the Project Manager and the pedagogical coordinator selected the persons that best matched the profile and candidates were notified whether they had been selected or not.

Furthermore, the different work teams were established based on the characteristics and fields of knowledge of each volunteer. The goal was to create multi-disciplinary work teams with volunteers that had complementary characteristics and skills. One lead volunteer was designated



for each work group to facilitate

communication with the Fundació Pere Tarrés and the different management teams from each sports centre or institution.

Days later, a meeting was held with all volunteers and different activities were organized to get to know each other and thus promote increased interpersonal relations. Volunteers were also informed of the members that would be in each work team and the YAG peers, as well as the centre where they would be carrying out their educational activity.

2. Meeting with the YAGs.

Regarding the work accompanying the YAGs, this was a process that continued throughout the first year of the project. The person in charge was Héctor Callizo, the project's pedagogical coordinator.

Firstly, monthly visits were organized to the different education centres to observe the educational tasks carried out by the YAGs, and to check if the different planned activities were adequate, the methodological principles were adequately implemented, and to check the links established with the project's beneficiaries, besides providing regular feedback on their educational tasks. Also, with the monthly visits to each education centre, we were able to ensure that information was correctly conveyed from the management teams at each education centre to the Fundació Pere Tarrés.

Secondly, we organized monthly meetings with all volunteers participating in the project at the offices of the Fundació Pere Tarrés so they could exchange experiences and ideas, solve any doubts they had and find solutions to the difficulties related to the project together, and also to provide information on more bureaucratic processes.

Thirdly, we created a Google Drive for YAGs to upload the files for each session (beforehand) and these files were then validated or modified by the pedagogical coordinator.

Finally, Whatsapp groups were created for each work group to notify any incidents and to convey relevant and urgent information on the project.



3. YAGs training process.

Before starting to implement the project at the education institutions, the pedagogical coordinator went through three days of training with all volunteers to ensure they were sufficiently familiar with the project's methodology. A fourth training session was held on organizing sports events, provided by the members of the Erol play group.

The contents of these training sessions were as follows:

- Session one:
 - o A sports session: warm-up, main part and cool-down.
 - o Presentation of the session factsheet.
 - o Learning goals and assessment criteria: criteria to prepare the assessment and goals, and the linkages between these two concepts.
 - o Fact-sheet preparation
- Session two:
 - o Methodologies to develop values in education through sport.
 - o Inclusive sport methodologies for persons with functional diversity.
 - o Examples of best sport practices relating to sports and inclusion.
 - o Planning of a sports event by volunteers, based on the methodologies previously explained.
- Session three:
 - o Explanation on the characteristics of children at each education institution.
 - o Tools to solve conflicts in class.
 - o Tools to improve verbal and non-verbal communication.
 - o Role-playing
- Session four:
 - o The concept of a sports event.
 - o Elements to bear in mind when planning a sports event.
 - o Working with committees and groups of experts.



- Examples of sports events planned and managed by children.

Also, it is worth mentioning that, besides the four theory training sessions, during the visits made by the pedagogical coordinator, volunteers were given feedback on the planned activities, their intervention, the group dynamics and other aspects, using the information gathered through direct observation at the sessions.

4. Location and timings for the educational tasks of the YAGs at the education institutions (local partners).

The first pilot project of Play Sports in Catalonia took place in three different education institutions: the Ferran Sunyer School, the Rubió I Ors High School and the Hercules Baseball and Softball Club.

During the first year of the project we had 120 beneficiaries and 15 volunteers who were in charge of planning and facilitating the different activities.

The beneficiaries and volunteers were distributed in the following way:

- The Ferran Sunyer School is a public primary school managed by the Education Consortium and the Catalan Ministry of Education and is located in the Poble Sec neighbourhood.
 - There were 50 children aged 9 and 10, split in two groups of 25 people each.
 - They were supported by three volunteers as well as the school's physical education teacher.
 - Activities took place on Fridays during school hours, during the physical education classes.
 - The ratio was one volunteer for every 8 children.
- The Rubió I Ors High School is a public secondary education and baccalaureate institution that is managed by the Catalan Ministry of Education.
 - There were 55 youths aged 12 to 16 divided in three groups.



- They were supported by six volunteers, one of whom was the contact person for the high school and the YAGs.
 - Activities took place outside school hours on Mondays and Wednesdays, from 4.00pm to 17.15pm.
 - The ratio was one volunteer for every 9 youths.
- The Hercules Baseball and Softball Club is an emblematic sports club with more than 50 years of history, located in the Bellvitge neighbourhood.
 - There were 15 youths aged 14 to 16.
 - They were supported by three volunteers and the club's after-school activities.
 - Activities took place on Thursdays in the afternoon, from 6.30pm to 8.00pm.
 - The ratio was one volunteer for every four youths.