

Youth participation in sport

This survey is aimed at identifying and analysing the difficulties and causes that exclude young people from participating in sport in school, looking at strategies for inclusion. It has been developed as part of the European Union Erasmus+ project P.L.A.Y.! Peer education, Leadership, Action, Youth – promoting grassroots sport for educational success and social inclusion.

Please read the instructions carefully and fill in this short and anonymous survey.

*Required



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1. Gender *

Mark only one oval.

- Male
- Female
- Prefer not to say
- Other: _____

2. Which sport do you coach? *

3. How long have you been a coach for? *

4. Please select sex of children/youngsters you coach: *

Mark only one oval.

- Male
- Female
- Both

5. Please select age group of children/youngsters you coach: *

Tick all that apply.

- 6 - 10 years
- 11 - 15 years
- 16 - 20 years
- 21 years or over

6. Do you coach children/youngsters that you know: (You can mark multiple answers) *

Tick all that apply.

- Have learning difficulties
- Have been diagnosed with Attention Deficit Hyperactivity Disorder (ADHD)
- Are immigrants and have difficulties in speaking/understanding the hosting country's native language
- Have disadvantaged social or economical background
- None of the above
- Other: _____

7. Do you adjust your coaching methods if you notice children/youngsters with the aforementioned challenges? *

Mark only one oval.

- Yes, I devote a lot of time to this
- Yes, I adjust them
- Sometimes
- No, I don't have knowledge of it
- No, I don't think it's necessary.

8. What is your opinion on the inclusion of children/youngsters with learning difficulties in sport and sports activities? Select arguments that you agree with: *

Tick all that apply.

- Children with learning disabilities are less involved in sport.
- All children (no matter their economical, social background) have equal opportunities for participation in sport.
- Sport is a way of relief from school commitments for children.
- Less successful children in school must devote their time to school work and studying rather than to sports activities.
- It is useful to encourage children to engage in sports to overcome learning difficulties.
- None of the above
- Other: _____

9. Can sport and sport activities strengthen the social skills of children/youngsters? *

Mark only one oval.

- Yes, it is closely linked
- Yes, if you use customized methods
- I don't know
- No, this is difficult
- No, sport has nothing to do with strengthening the social skills of children

10. What are the most common challenges you face while working with children/youngsters? Name three. *

11. Do you have support (training opportunities, exchange or discussion with other trainers) to overcome these challenges? *

12. In which of the following areas would you like to gain additional knowledge and training? (You can mark multiple answers). *

Tick all that apply.

- Communication with children/youngsters
- Strengthening social skills in children/youngsters
- Identifying the problems of children/youngsters in sporting activities
- Adapting methods to work with immigrants
- Adapting methods to work with children/youngsters with learning difficulties
- None of the above
- Other: _____

13. What kind of e-tools would you like to use on a on-line training for coaches? *

Tick all that apply.

- PowerPoint presentations
- Animations
- Videos
- Quizzes
- Other: _____

14. Do you want to share any good practice in improving social inclusion through grassroots sport? *
