

# Weekly sport lesson

Prepare didactic units

- GOALS
- CONTENTS
- SPECIFIC ACTIVITIES

Develop sport lesson

- 1 HOUR FOR WEEK
- 1 VALUE FOR MONTH
- FEEDBACK AT THE END OF EACH LESSON

Evaluation

- INITIAL EVALUATION
- INTERMEDIATE EVALUATION
- FINAL EVALUATION

Respect

SEPT

Effort

OCT

Humility

NOV

Hydration

DEC

Team work

JAN

Empathy

FEB

Healthy eating

MAR

Self-management

APR

Tabacco and drugs

MAY

Self improvement

JUN

**PEDAGOGICAL METHODOLOGY:**

**ACTIVE LEARNING, CHILDREN WILL LEARN BY PUTTING THEMSELVES ON THE LINE, ALSO THROUGH GUIDED DISCOVERY**